



SSEM
SAUDI SOCIETY OF ENDOCRINOLOGY & METABOLISM
الجمعية السعودية للغدد الصم والاستقلاب



المركز الوطني لتنمية
القطاع غير الربحي
National Center for
Non-Profit Sector



SSEM Activities Report 2024

9/2/2024

Safe Fasting in Ramadhan for Diabetes Patients

Date: February 19, 2024

Location: Jeddah, Saudi Arabia

Organizer: Saudi Society of
Endocrinology and Diabetes

Purpose: To provide insights on how
diabetic patients can safely fast during
Ramadan

Speakers: Dr. Saud Alsfire and Dr. Reem
Alamodi

Content: Expert recommendations on
managing diabetes while fasting

Accreditation: 2 CME (Continuing
Medical Education) credits

Event Type: On-site lecture

Attendees: 30

22/4/2024

Endo Club in Jeddah

Date: April 22, 2024

Location: Jeddah, Saudi Arabia

Organizer: Saudi Society of
Endocrinology and Diabetes

Focus: "Fatty Liver Disease, Diabetes, and
Kidney Disease"

Lecture Title: "Cardio-Renal Project"

Event Chair: Dr. Turkey Alharthi

Speakers: Dr. Nasser Aljuhani and Dr.
Mohanad Almainani

Attendees: 50



24/4/2024

Advancements in Hypophosphatasia Diagnosis & Treatment strategies

Date: April 24, 2024

Format: Virtual lecture

Accreditation: 2 CME credits

Chair: Dr. Afaf Alsaghier

Speakers:

- Dr. Zahra Al-Sahlawi
- Dr. Afnan Alawi
- Dr. Abdullah Alfaifi
- Dr. Afaf Alshammmary

Focus: Latest advancements in the diagnosis and treatment of hypophosphatasia

Attendees: 2238

AstraZeneca 

8/5/2024

Saudi Endocrine Club

Date: May 8, 2024

Format: On-site event

Presenting Hospital: King Faisal
Specialist Hospital and Research
Centre

Location: Riyadh, Saudi Arabia

Moderator: Prof. Ali Alzahrani

Speakers:

Dr. Naseer Aljuhani

Dr. Amani Alhuthali

Dr. Mohanad Almailmani

Attendees: 377

21/5/2024

Jeddah Endo Club

Date: May 21, 2024

Format: On-site event

Focus: Thyroid Eye Disease

Goal: To discuss the latest advancements in the diagnosis, management, and treatment strategies for thyroid eye disease

Target Audience: Endocrinologists and healthcare professionals

Objective: Enhance understanding of thyroid eye disease

Attendees: 37

AMGEN®

26/5/2024

Management of CKD with T2D: From Evidence to Practice

Date: May 26, 2024

Speaker: Dr. Afaf Alshammary

Format: Virtual scientific meeting

Focus: Management of Chronic Kidney Disease (CKD) with Type 2 Diabetes (T2D)

Objective: To discuss evidence-based practices in managing CKD with T2D

Attendees: 160



7-8/6/2024

Hypoactive or Hyperactive?

Date: May 7-8, 2024

Type of event: Volunteer

Location: Panorama mall

Focus: Thyroid Disease

Supervisor: Dr.Afaf Alshammary

Goal: Educate the public about hypothyroidism and hyperthyroidism, including their causes, symptoms, diagnosis, and treatment options.

Target Audience: General Public

Number of Participants: 59

Attendees: 250

17/7/2024

Saudi Endocrine Club

Date: July 17, 2024

Format: Hybrid event

Location: King Fahad Medical City

Speakers: الجمعية السعودية للغدد الصم والتمثيل الغذائي

- Dr. Fatimah Bin Talib
- Dr. Ahad Alhabib
- Dr. Wael Almistehi

Moderator: Prof. Ali Alzahrani

Attendees: 60

3-5/10/2024

11th - International Conference of Endocrinology and Diabetes

Date: October 3- 5, 2024

Format: On-site event

CME Credits: 15 CME hours

Purpose: To share the latest advancements in endocrinology and diabetes care

Focus: Current trends, research, and practical approaches in managing endocrine and metabolic disorders

Opportunities: Engage in in-depth discussions and sessions with leading experts

Attendees: 304

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11-12/10/2024

Diabetes Technology Workshop

Date: October 11-12, 2024

Chair: Dr. Mohammed Alsofiani

Focus: Latest advancements in diabetes technology

Purpose: Provide insights into innovative tools and devices for managing diabetes

Attendees: 79

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sanofi



Abbott

PMX
ProMedEx



Medtronic

31/10 – 2/11/ 2024

Endo Board Review

Date: October 31, 2024 – November 2, 2024

Focus: Comprehensive review of key topics in endocrinology

Director: Dr. Basma Alwahabi

Deputy Director: Dr. Wael Almestehi

Format: Lectures, case discussions, and interactive sessions

Purpose: Prepare fellows for board examinations in endocrinology

Attendees: 74

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7-9/11/2024

Diabetes Board Review

Date: November 7, 2024 – November 9, 2024

Focus: Diabetes management and treatment strategies

Director: Dr. Mohammed Almehtel

Deputy Director: Dr. Meteb Alotaibi

Format: Expert-led presentations and discussions

Purpose: Equip fellows with knowledge for board certification in diabetes care

Attendees: 76



14-15/11/2024

“Too Sweet”

Date: November 14-15, 2024

Type of event: Volunteer

Location: Riyadh Park

Supervisor: Dr. Mohammed Alsofiani

Focus: Diabetes Disease

Goal: Educate the public about Diabetes, including their causes, symptoms, diagnosis, and treatment options.

Target Audience: General Public

Number of Participants: 34

Attendees: 300

23/11/2024

Hypothyroidism Webinar

Date: November 23, 2024

Chair: Dr. Awad Alshahrani

Speaker: Dr. Afaf Alshammary

CME Credits: 2 CME hours

Target Audience:

- Family medicine
- Internal medicine
- Endocrinology
- Bariatric medicine
- Pharmacy professionals

Focus: Latest insights and management strategies for hypothyroidism

Attendees: 590

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